
Farm Boy Menu

ADDRESS : 295 FOURTH AVE, ST. CATHARINES, ON L2S 0E7, CANADA

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OPENING TIMES : 08:00 AM - 09:00 PM

Objective Review

Farm Boy's menu offers a delightful mix of fresh, locally-sourced ingredients, perfect for those seeking wholesome and satisfying meals. For breakfast, **Farm Boy's Omelet** is a must-try, packed with your choice of fresh veggies and protein, served alongside crispy hash browns. If you're in the mood for something lighter, their **Yogurt Parfait** with granola and fresh fruits makes for a refreshing start to the day.

The lunch menu shines with its variety of hearty salads and sandwiches. The **Farm Boy Caesar Salad** is a standout, with crisp romaine lettuce, a perfect blend of creamy dressing, and crispy bacon. For a more filling option, the **Grilled Chicken Club** sandwich, with layers of tender grilled chicken, bacon, and avocado, is both satisfying and flavorful. If you prefer something vegetarian, the **Veggie Wrap** with hummus, fresh greens, and roasted vegetables offers a delightful combination of textures and tastes.

As the day progresses, dinner at Farm Boy is an equally satisfying affair. The **Pan-Seared Salmon** with seasonal vegetables is a perfect balance of flavors, with a beautifully crisp exterior and a tender, juicy interior. For those craving a rich and hearty dish, the **Beef Stew** is a comforting choice, with melt-in-your-mouth tender beef and a rich broth that speaks to the restaurant's commitment to quality ingredients.

Their desserts are not to be overlooked. The **Chocolate Mousse Cake**, with its indulgent layers and smooth texture, is the ideal way to end any meal. For a lighter dessert option, the **Berry Tart** provides a sweet yet tangy finish, with fresh berries nestled in a flaky, buttery crust.

Overall, Farm Boy's menu offers a satisfying range of dishes that cater to a variety of tastes, from light and healthy to rich and indulgent, all while emphasizing fresh, high-quality ingredients. Whether you're stopping in for breakfast, lunch, or dinner, there's something here for everyone to enjoy.
